

UPCOMING CLASSES?

June 4– 8, 2018 4:30 PM - 8:30 PM

June 9, 2018 9:00 AM - 5:00 PM

COST?

\$225.00

Payment via credit card (Visa or MasterCard) only.

REGISTRATION DEADLINE?

May 28, 2018

HOW DO I REGISTER?

Registration forms are available at the
Groveport Recreation Center
7370 Groveport Rd.
Groveport, OH 43125

- All registrations are processed on site -

QUESTIONS?

Steve Riegler, *Aquatics Manager*
614-836-1000 ext. 1510
shawkins@groveport.org

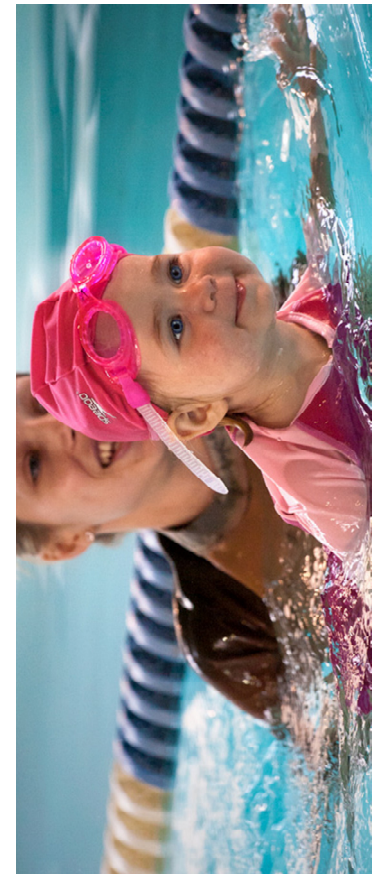
Or

Kelly Carter, *Aquatics Coordinator*
614-836-100 ext. 1512
kcarter@groveport.org



Groveport Recreation Dept.
7370 Groveport Road
Groveport, OH 43125
(614) 836-1000 / www.groveportrec.com

Water Safety Instructor Certification Class



American Red Cross

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So you want to be a WATER SAFETY INSTRUCTOR...

WHAT?

The purpose of the A.R.C. Water Safety Instructor Course is to train instructor candidates to teach courses & presentations in the A.R.C. Swimming & Water Safety Program (including the Basic Water Rescue and Personal Water Safety Courses, six levels of Learn-To-Swim, three levels of Preschool Aquatics and two levels of Parent & Child Aquatics) by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress.

PRE-REQUISITES?

To be eligible to take the A.R.C. WSI Course, students must:

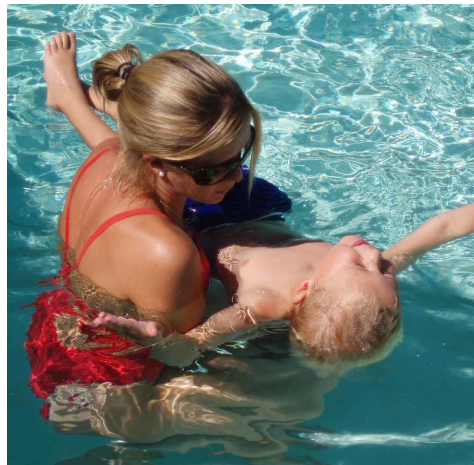
- Be at least 16 years of age on or before the final scheduled lesson of the course.
- Have successfully completed the Fundamentals of Instructor Training course. Possess a Fundamentals of Instructor Training Certificate issued within the last year or possess a current national Health & Safety Services Instructor Authorization Certificate.
- Demonstrate the ability to perform the following swimming skills: *Swim the following strokes consistent with the A.R.C. swimming Level 4: Front Crawl (25 yards), Back Crawl (25 yards), Breaststroke (25 yards), Elementary Backstroke (25 yards), Sidestroke (25 yards), Butterfly (15 yards). * Maintain position on back for 1 minute in deep water (floating or sculling). * Tread water for 1 minute.

Participants will be tested on the first day of class. Participants not meeting the pre-requisite will be directed to enroll in Learn-To-Swim.

Think you have what it takes?

OBJECTIVES?

- Expand on information from the A.R.C. Fundamentals of Instructor Training (FIT) course.
- Identify key elements and strategies for planning and preparing effective and safe swim lessons.
- Identify key class management principles, elements & strategies for planning, preparing & conducting safe swim lessons.
- Describe the importance of effective observation for teaching and how to develop it.
- Observe swimming, headfirst entry and diving skills and accurately classify them and suggest appropriate interventions to improve them.
- Develop the ability to effectively communicate about participant's progress in swim lessons.
- Modify teaching to meet unexpected challenges including dealing with participants who misbehave.
- Demonstrate the ability to accommodate participants with disabilities and other health conditions.



CERTIFICATION REQUIREMENTS?

- Complete all reading assignments.
- Attend all class sessions.
- Participate in all activities.
- Successfully complete all practice-teaching assignments.
- Pass the final written exam with a minimum grade level of 80%.
- Demonstrate maturity and responsibility throughout the course.

CERTIFICATE ISSUED & VALIDITY PERIOD

Authorization is for 2 calendar years. All authorizations expire on December 31 of each year. Initial authorization may be for less or more time depending on when training is completed.



What a great part-time job!