

2009 - 2010 GROVEPORT AQUATIC PROGRAMS

TRAIN WITH US TO BECOME A LIFEGUARD, SWIM INSTRUCTOR OR LIFEGUARD INSTRUCTOR.



Lifeguards*

(Ages 15 Plus)

Learn lifesaving skills to help keep people safe in, on and around the water.

* Pre-requisites: Swim 300 yards continuously, starting in the water, swim 20 yards using front crawl or breaststroke, surface dive 7–10 feet, retrieve a 10-pound object, return to the surface, swim 20 yards back to the starting point with the object and exit the water without using a ladder or steps, within 1 minute 40 seconds. (Failure to pass any portion of pre-requisites forfeits course fee. Please come prepared!)

Water Safety Instructors

(Ages 16 Plus)

The goal of the Water Safety Instructor course is to train instructor candidates to teach the six levels of the Learn to Swim Program; the Basic Water Rescue course and the Parent & Child Aquatics program; and for eligible individuals, the Safety Training for Swim Coaches course.

Lifeguard Instructor

(Ages 17 Plus)

This course teaches instructor candidates the necessary skills to teach the Lifeguard Training, CPR for the Professional Rescuer, First Aid, Oxygen Administration, Bloodborne Pathogens and the Automated External Defibrillation courses.

2009 - 2010 Groveport Aquatics Program Schedule

Dates:

Lifeguarding

- December 21, 2009 thru December 23, 2009 (8 am to 6 pm)
- February 15, 2010 thru February 20, 2010
- March 8, 2010 thru March 13, 2010
- April 12, 2010 thru April 17, 2010
- May 10, 2010 thru May 15, 2010
- June 7, 2010 thru June 12, 2010 (8am – 5pm)

Water Safety Instructor

- December 21, 2009 thru December 23, 2009 (8 am to 6 pm)
- February 1, 2010 thru February 6, 2010
- June 7, 2010 thru June 12, 2010 (8am – 5pm)

Lifeguard Instructor

- November 16, 2009 thru November 21, 2009

Times:

Monday – Saturday 4 p.m. till 9 p.m.

Location:

Groveport Recreation Center 7370
Groveport Road, Groveport, Ohio 43125

Cost:

All courses are \$180.00 (includes instructions, books and materials for class).

To register or for more information contact
**James Berry Aquatics Manager or
Headlifeguard office at 614.836.1000 ext. 230 or
jberry@groveport.org**



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of Greater Columbus